

November E-Newsletter

Welcome

As the festive season approaches we have already started getting ready and were delighted with the success of our Christmas Fayre. Everyone had fun celebrating Halloween and our adults have been enjoying a wide range of activities. The opening of our new shop in Plympton has been a highlight this month and we were hugely grateful to Tugboats and Dolphins for the very generous cheque they presented to us. We are now looking forward to more festivities leading up to Christmas.



Christmas Fayre

Hundreds of visitors flocked to our Christmas Fayre and helped us raise a wonderful £2,267. We were delighted to see so many friends and families of Dame Hannahs as well as many visitors from the local community enjoying a festive day out. There were nearly 40 stalls selling beautiful gifts and delicious refreshments were served all day. It was the perfect start to the festive season.



Tugboats and Dolphins

Tugboats and Dolphins visited Dame Hannahs recently to present a very generous cheque to all the residents and staff. Everyone gathered in the activity hall to say a huge thank you to the group for their amazing fundraising efforts throughout the year. They have now raised over £12,300 and all the funds will go towards the refurbishment of our sensory room. Over the last few months they have taken on a series of challenges including a 1000 mile bike ride from Ivybridge to Santander, the Yorkshire Three Peaks Challenge, other cycling challenges

and ice baths as well as organising a Fight Night. Having raised the funds they are kindly going to continue to work with us on the renovation of the sensory room.



New Charity Shop

We are excited to have recently opened a brand new charity shop on the Ridgeway in Plympton. Alex is the manager of our new shop and has already welcomed a large number of shoppers as well as taking in donations. We are also planning to open another shop on Mutley Plain, Plymouth before Christmas and two more in Tavistock and Roborough in the New Year.



Halloween

Everyone had a fun and spooky time celebrating Halloween. They made some wonderful decorations and wore some fantastic costumes to the Halloween party. They also really enjoyed the pumpkin scavenger hunt around the grounds before working hard on their creative pumpkin carving.



Bingo Nights

Our Bingo Nights are proving more popular than ever. Our most recent event raised £530 and we have raised an amazing £6,595 since we started the Bingo Nights a year ago. We are very grateful to everyone who has been coming and it has been lovely to see regulars from the local Ivybridge community.



Cultural Day

Everyone had a brilliant time at the recent Cultural Day. Each of the bungalows cooked delicious dishes from a wide range of different countries including India, Nigeria, South Africa, Sri Lanka, Poland, China and Mexico. And a lot of staff dressed up in wonderful outfits from the countries of their birth. After the meal everyone enjoyed some singing and dancing. It was a really interesting and fun day!



Wellness Wednesday

Our new Wellness Wednesdays are proving very popular. Everyone loves getting together to play games and Andrew is always there selling cakes. They choose different games and activities each week. It is a great chance for our adults to make choices and enjoy some social interaction.





Speech and Language Student

Student Luke is doing a 10-week placement at Dame Hannahs with our Speech and Language Therapy (SLT) team. He is in the final year of his SLT degree at Marjon University. Having lived in Ivybridge for many years he has always been aware of Dame Hannahs.

“I am absolutely loving it. Dame Hannahs is such a unique place and I have been made to feel so welcome. SLTs Baukje and Beki

are being so generous with their time and I am constantly with one of them and being given advice. They give me lots of feedback and treat me as part of the team. I have been feeling like an actual SLT doing a job and not just a shadow. I am having different experiences each day I come in and I have even been leading some sessions. I have also built up good rapports with both support workers and adults. I feel like I am thriving and have a good balance as I am learning all the time but also doing a job. My dream is to become an SLT once I have finished my degree.”

Music Therapy

Our adults have been really enjoying and benefitting from their music sessions with Beth. It is heartwarming to see how they react to music in their own different ways. They can become so animated and their faces light up. They are also able to make choices as to which musical instruments are used in these sessions.



We would like to say a huge thank you to all our volunteers and fundraisers for all their dedication and hard work.

If you would like to get involved please contact supportus@discoverhannahs.org



[Dame Hannah Rogers Trust 2019 Limited](#)

Woodland Road, Ivybridge, PL21 9HQ - 01752 898135 - Charity No: 1194836