

## DAME HANNAHS NEWS - JANUARY 2023

### Welcome

2023 has got off to a flying start with New Year outings in Devon and Cornwall and plenty of fun activities both inside and outside. Meanwhile our supporters continue to donate and make fundraising plans for which we are eternally grateful.



### New Year at Eden

The Arthur girls had a great day out at the Eden Project on New Year's Day. A fun and adventurous start to the year.

MAKE YOUR  
WILL WEEK  
13-17 March 2023

### Dame Hannahs Will Week is back

Make your Will this March with no expensive legal fees, just a donation to Dame Hannahs. If you have children, a partner, own a property, have savings, investments or own a business, you need a Will - you may also recognise that your existing Will needs updating. For one week only, local participating solicitors will waive their entire simple Will-writing fee in return for a donation to Dame Hannahs to help us support our adults with complex disabilities.



### **Football**

It was great to see everyone enjoying their first football session of the year. Both our adults and staff really look forward to these weekly sessions which get quite competitive! A big thank you to Eion from the Argyle Community Trust.



### **Out and About**

Our young adults have been wrapping up warm and enjoying trips to beautiful places like Saltram and Teignmouth. The cold weather does not stop them getting out and about.

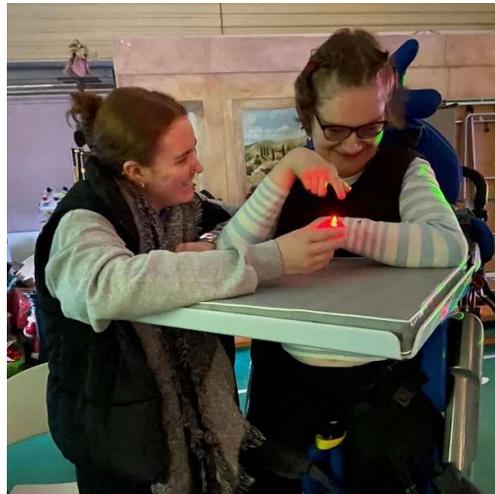
### **Massive Donation**

A big thank you to Andrei at Treats & Treasures LTD for donating 256kg of clothes! We really appreciate donations of all shapes and sizes. They make a huge difference to our fundraising.



### **Farewell Denise**

We all said a fond farewell and a big thank you to Denise from HR before Christmas. Denise was a key member of the HR team for over 5 years and supported our staff incredibly throughout. She will be greatly missed.





### Together Tuesday

Everyone really enjoyed our first Together Tuesday of the year. We all exchanged news, learned signs of the week, congratulated Dan and other Stars of the Week, sang Happy Birthday to Isla and enjoyed reflection time at the end. How lovely to all be together!

### Snowy Fun

Our young adults enjoy getting outside in all types of weather. Oliver wrapped up warm last week and enjoyed being out in the snow.



### Car Winner

The winner of our Car Draw Matt Fowles and his wife Laura went to Saltash to see the Austin 7 and to give it a test drive. They enjoyed meeting the current owners Guy and Eunice and are looking forward to driving it back to their home in Gloucestershire.

## New Year Challenges

If you would like to take on a New Year fundraising challenge then why not start your training for our local running events or start your preparations for an amazing 15,000ft tandem skydive over the glorious Devon countryside. For further information or support with your challenge contact Debbie Lumsdon on 01752 898106.



We would like to say a huge thank you to all our volunteers and fundraisers for all their dedication and hard work. If you would like to get involved please contact [supportus@discoverhannahs.org](mailto:supportus@discoverhannahs.org)

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