

## April E-Newsletter

### Welcome

Over the last month everyone has really made the most of the wonderful weather and we have been delighted to welcome many of our families to Dame Hannahs. The people we support have been enjoying trying new activities and our supporters have been devoting a lot of their time to their fundraising challenges. We also have a busy programme of fundraising events coming up. In the meantime we would like to wish everyone a very Happy Easter!



### Family Day

We were delighted to see so many families at our Mother's Day Cream Tea and Transitions Coffee Morning. Our adults really enjoyed it and the parents all had a lovely time meeting each other and catching up. Everyone enjoyed a delicious cream tea and refreshments.



### Cream Tea Event - Tuesday 13th May at 2pm

Come and enjoy an afternoon cream tea with local author Stephanie Austin talking about her time as an author and her newly published book *DEATH ON DARTMOOR EDGE*. This is her eighth in the Devon Mystery Series set in the Dartmoor town of Ashburton and featuring amateur sleuth Juno Browne, a self proclaimed domestic goddess and reluctant antiques shop owner.

Tickets are £10 per person. For bookings:  
01752 898135 or

[supportus@discoverhannahs.org](mailto:supportus@discoverhannahs.org)



## New Family Room

We are delighted that our newly refurbished Family Room is finished and now being used by families when they come to visit. This is part of the ongoing refurbishment programme throughout the main building and the bungalows.



### Quiz Night - Thursday 29th May at 7pm

Challenge your knowledge while have having fun with friends and family at our Quiz Night. Teams are up to 6 people so either create your own team or join others on the night.

Tickets are £10 each and include quiche, salad and new potatoes.

Booking is essential so register your team today: 01752 898135 or [supportus@discoverhannahs.org](mailto:supportus@discoverhannahs.org)

## #CelebratingSocialCare

Since 2022 every April #CelebratingSocialCare has focused on the amazing people who work in care and at Dame Hannahs we have been joining in. Although we celebrate social care all year round, we use this month to celebrate a little louder. People who work in social care are highly skilled, passionate and hard-working and it is important that we all take time to recognise the vital work we do. Without our sector's dedicated workforce many people would not be able to live fulfilling lives in the way they choose. This applies wholeheartedly to the amazing staff and residents at Dame Hannahs.



## Eyegaze

We are very lucky and grateful to the Hobson Charity for their very generous grant which enabled us to purchase a Communication Aid, with Eyegaze, package. The communication aid can be accessed by touch, switches and also Eyegaze, which uses a specialist camera to enable people with disabilities to control the computer using eye movements.

Because of this generous donation, many of our adults are working with the Speech and Language Therapy Team on opportunities to develop different communication skills. These include learning cause and effect skills, learning to make choices and how to put phrases together. These skills can be targeted using different specialist software, from games to vocabulary pages. Many of our adults are already benefiting from this amazing technology.

Several of our adults have made particularly good progress over the last few months. Dan composed a note using Eyegaze to invite our Activities Coordinator Louisa to the cinema. This is one example of how they can use it in everyday life.



## Archery

A massive thank you to Brian and Jon at Endeavour Archers for welcoming Aston and teaching him archery. They went above and beyond in making him feel very welcome and made some special targets for him. Aston did brilliantly and thoroughly enjoyed it. They have very kindly said they would give archery lessons to some of our other young adults over the next few months. The archery takes place in the beautiful grounds of Pentillie Castle. What a wonderful experience for Aston and all our other keen archers.





## **Tugboats and Dolphins**

This group of fundraisers came to visit before taking on their massive cycling challenge. Everyone at Dame Hannahs waved them off as they prepared to set off on the 950 mile bike ride from Plymouth to Santander. They are cycling for 10 days over the Easter period. Our adults have been sending daily messages and videos of support to the group. They are raising funds for the refurbishment of our sensory room so please support them in any way you can.



## **London Marathon**

Alex Harris is busy training for the London Marathon which is fast approaching. She is running in the event on April 27th in memory of her lovely nephew Zach who lived at Dame Hannahs for many years.

Please support her and help her reach her target.

## **Gardening Projects**

A group of our adults have enjoyed some gardening in the sunshine recently. They helped to plant sunflowers and are looking forward to watching them grow. There are several gardening projects planned around our grounds. Gardening is a very therapeutic activity as they are working with the soil and spending time outside.



## Rounders

Everyone really enjoyed playing rounders outside in the sunshine recently. Rounders is one of the many activities on offer at Dame Hannahs. Some of the residents and staff were playing for the first time and enjoyed learning a new game. Everyone had a great time and look forward to doing this again when the sunshine returns!



## Autumn Lunch

Our annual Autumn Lunch is taking place on Tuesday 30th September at Boringdon Park Golf Club. There will be a fascinating talk by author Pam Vass - Reason or Rebellion? The Suffragette Story in the South West. As well as enjoying a delicious two course lunch guests will be able to shop at a variety of gift stalls.

Tickets are £27 each and are on sale now. Please contact the fundraising team on 01752 898135 or [supportus@disco.verhannahs.org](mailto:supportus@disco.verhannahs.org)

## Bingo Nights

Our monthly Bingo Nights are proving very popular and we are always delighted to welcome new players from the local community as well as our regular supporters.

Come and enjoy an evening of fun with family and friends.

There is always a halftime raffle and plenty of cake!







### **Argyle Visit**

A group went to the Emergency Services Day at Plymouth Argyle recently and then they got to watch the Plymouth Argyle Ladies v AFC Wimbledon match. They all had a brilliant time.

### **The Box Visit**

The Gilleys girls really enjoyed their recent visit to The Box in Plymouth. This award-winning museum and art gallery is full of really interesting things to look at and some of them are very large!



### **Professionals Open Day**

We recently held a Professionals Open Day and we were delighted to welcome the Head of Commissioning from Cornwall as well as physiotherapists, occupational therapists and social workers from across Cornwall, Plymouth, Devon and Torbay. It was a very successful day during which we gave visitors tours of the premises and details of what services we deliver and services we will be increasing. Everyone loved our Hydro pool and want to rent the space!

We would like to say a huge thank you to all our volunteers and fundraisers for all their dedication and hard work.

If you would like to get involved please  
Contact [supportus@discoverhannahs.org](mailto:supportus@discoverhannahs.org)

[Dame Hannah Rogers Trust 2019 Limited](#)

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