

May E-Newsletter

Welcome

We are delighted with the success of our recent fundraising events and are looking forward to a busy programme of events over the summer. It has also been encouraging to watch our adults learn new skills as well as helping students learn through their experience at Dame Hannahs. Our group activities are very well attended and our adults gain so much from these sessions where they can make choices and enjoy social interaction.

Spring Luncheon

Our Charity Luncheon at the [Elfordleigh Hotel](#) raised a wonderful £1,528. Nearly 100 guests attended the event and enjoyed a delicious two course luncheon followed by a fascinating talk by 'Agathologist' [Dr Mark Aldridge](#), who shared his insights into Agatha Christie's spinster sleuth, Miss Marple. Drawing on research undertaken for his book *Agatha Christie's Marple: Expert on Wickedness*, Mark shared the inside story of St Mary Mead's famous detective. There was also a variety of stalls selling beautiful gifts and a raffle with a lot of great prizes. A big thank you to all those who attended and helped make the event such a success.



Sri Lanka New Year

We recently celebrated Sri Lanka New Year. Our Sri Lankan staff organised a wonderful celebration with games and dancing. And each bungalow made a delicious Sri Lankan dish for everyone to share. It is lovely when our staff are able to share their heritage and traditions.



Father and Son Cycle Challenge

It is not long now until father and son Steve and Steve take on their cycle challenge from London to Paris to raise money for Dame Hannahs. They are busy training in preparation for their departure on June 4th.

They decided to take up the challenge after hearing about the inspirational work of Dame Hannahs through their involvement with Saltram Rotary Club.

Everyone at Dame Hannahs wishes them the best of luck in their challenge. To sponsor Steve and Steve please click on the button below to visit their JustGiving page - thank you!



Wellness Wednesday

Our Wellness Wednesday get togethers are proving very popular. Everyone enjoys taking part in the exercise session run by our Activities Coordinator Louisa and then they all reward themselves with cake! Andrew's weekly cake sales are always very popular.



Bingo Fun

A huge thank you to everyone who has come to our Bingo Nights over the last year and helped us raise an amazing £7,300. It was lovely to see so many old friends as well as new faces at our May Bingo Night which raised £637.50. Everyone had a great time winning prizes and eating cake! **The next Bingo Night is on Friday 5th June.**



Celebrating Social Care

This April [Skills for Care](#) once again dedicated the whole month to #CelebratingSocialCare focusing on people who work in care. We joined in by celebrating and highlighting the amazing work of our support workers whose dedication, enthusiasm and hard work enables our adults to lead happy and fulfilled lives.



Yealmpton Show

Come and support Dame Hannahs at our Cake Stall at the [Yealmpton Show](#) on Wednesday 29th July at Kitley Lawns, Yealmpton PL8 2NN. We will be selling a wide range of delicious home baked goods. Bring your family and friends along to enjoy an excellent local agricultural show which is a fun day for all ages. This event is always a good fundraiser for Dame Hannahs.

Feelgood Friday

Once a month our Champions organise a Feelgood Friday session. They take it in turns to organise games and ensure that everyone gets involved. Recently Aghogho got everyone taking part in some fun games and it got quite competitive!

Last year we appointed a group of Support Worker Champions who play a vital role in motivating staff and encouraging team work. All the staff were really entering into the activities during Aghogho's session.



Fire Warden Ben

Ben took part in Fire Warden training this month and was presented with a certificate.

He is a very enthusiastic and hard working member of the fire warden team at Dame Hannahs. We always encourage our adults to follow their interests and we are really pleased that Ben is able to do this as a fire warden.

Congratulations Ben!



Green Fingers

A group from Day Services have been busy gardening over the last few weeks. They have been planting vegetables, sunflowers and pumpkins in the beds outside their room. Well done to the gardening team!



Speech and Language Student

We are delighted to have student Holly on a seven week placement with our Speech and Language team. They are studying for a BSc in Speech and Language Therapy and are in their final year at [Plymouth Marjon University](https://www.plymouth.ac.uk/)

Holly is excited to qualify and practise as an SLT later this year and has a particular interest in AAC

(Augmentative and Alternative Communication). They are also passionate about inclusivity in research and hope to complete a Postgraduate Masters in Clinical Research in the future.

Holly was inspired to study SLT after their daughter was born with a cleft palate, making them think about communication in a different way. Their daughter is now six with clear speech thanks to early intervention and cleft palate repair surgery. They are

really enjoying their time at Dame Hannahs and have been made to feel very welcome by not only the Speech and Language team but all the staff across the site.

Birthday Celebrations

There have been several birthday celebrations this month. Andrew chose a pirate theme for his party and all his friends entered into the spirit of it. It is always lovely to see members of the family joining in the birthday fun. Andrew's mother brought lots of treats for Andrew and his fellow pirates.



We would like to say a huge thank you to all our volunteers and fundraisers for all their dedication and hard work.

If you would like to get involved please contact supportus@discoverhannahs.org



[Dame Hannah Rogers Trust 2019 Limited](#)

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